

*Reiki Advanced Practitioner Course*

*Retreat 2024*



# WHY A RETREAT IN RAINBOW BEACH...



**Lets leave our everyday life behind for a few days....**

There is something special about checking out of our everyday routines, that allows us to really slow down and become receptive to the healing and magic of nature. As you progress on your Reiki Journey, you continue to expand and evolve....by going away on retreat, we really can experience a 'before' and 'after', of who we are and who we are growing into. The purpose of this retreat is to fully support this process. By creating a safe haven, you can rewire your cells and advance yourself!

The very first time I visited Rainbow Beach, I fell completely in love! Rainbow beach is one of the most beautiful places I have seen, and over the years I have developed a very deep connection with the land there. In fact I had visions years ago of the retreat I would hold there in the future....and now it is here! I can't wait to share this divine place with you (p.s. all the photos in this pdf were taken in Rainbow Beach by me....enjoy).

If your soul is a yes to taking your Reiki level 3: Reiki Advanced Practitioner on retreat then read below for an overview of the structure. Further details will be sent after booking and in the lead up to the retreat in October.

@mayflower\_wellbeing

# RETREAT SCHEDULE

## DATES

3pm Friday 18th - 10am Monday 21st October

## LOCATION

4 Ibis Crt Rainbow Beach Qld  
\*3 minute walk to the beach

## FACILITATORS

Fern Trewin-Tooley (Reiki Master Usui Lineage)  
Guest Facilitator Sarah Bruce (Reiki Master)





## **FRIDAY 18TH OCTOBER**

- 3pm: Arrive & Check-in
- 4pm: Welcome + Course Module
- 5:30pm: Swim or down time
- 6:30pm: Dinner
- 7:30pm: Full Moon Opening Ceremony - at Carlo Sand Blow

## **SATURDAY 19TH OCTOBER**

- 8am: Breakfast
- 9am: Course Module + Sacred Tool Making
- 1-2pm: Lunch
- 3pm: Course Module
- 5-7pm: Beach swim and coloured sands experience
- 7pm: Dinner
- 8:30pm: Down time

## **SUNDAY 20TH OCTOBER**

- 6:30am: Sunrise Attunement Ceremony
- 8am: Breakfast
- 9:00am: Practice Reiki Sessions
- 11:30am: Course Module
- 1pm: Lunch
- 2pm: Course Module
- 5pm: Unwind Time
- 7pm: Dinner
- 8:30pm: Closing Ceremony

## **MONDAY 21ST OCTOBER**

- 7am: Morning nature meditation (optional)
- 8am: Breakfast
- 9am: Collect Things & Prepare for Check-out at 10am

\*Please note this is a draft schedule, and may change slightly.

# THIS EXPERIENCE INCLUDES:

- Accommodation in a beautiful house with a pool, and 3 minutes walk to the beach through a bush track.
- Delicious breakfast, lunch & dinner (vegetarian options only), plus snacks, herbal teas & cacao throughout the day
- All course content including hard copy of the manual
- Certification as a Reiki Advanced Practitioner (level 3)
- Heart led meditation & movement in nature daily
- Sunrise Reiki Attunement on the beach with your wonderful group
- Nature healing and connection to the sacred land and waters of Rainbow Beach.



# YOUR MODULES

1. Reiki Master Symbol & Advanced Healing Techniques
2. Workshop facilitation training
3. Being a Trauma-Informed Practitioner
4. Reiki and your community: Your role as an Advanced Practitioner

Plus Bonus group ceremonies out on land to celebrate, activate & connect each other and ourselves to nature

**Important information: This course is the preliminary for Reiki Master Teacher (Level 4). Master Teacher is taken as an apprenticeship format 1:1 for over a period of 2 months.**







## **Your home away from home...**

Pandanus Pavilions is a lovely 5 bedroom, 3 bathroom home, surrounded by trees, and only 3 minutes walk to the beach. Linen and bath towels provided.

Stay options include both single and shared rooms (everyone gets their own bed, there is no sharing beds). Please see next page for details.

There will be the opportunity to share-ride to & from Brisbane! & a whatsApp group to connect and share in the lead up with your retreat peers.



# COURSE INVESTMENT

## ROOM TYPES

Room 1: **Booked**

Room 2: Queen Bed & Single Bed (shared)

Room 3: 2 x Single Beds (shared)

Room 4: **Booked**

Price: \$1350

A deposit of \$350 is required to secure a place.

**BOOK NOW**

You can choose between various payment options for the remaining amount. Just select your option when booking your place with the above link.

Please note all remaining payments are due by  
October 1st 2024.



Please let me know if you have any questions, just email  
me at [mayflower\\_wellbeing@hotmail.com](mailto:mayflower_wellbeing@hotmail.com)

I truly can't wait to spend this time with you!

With deep gratitude,

Fern xx

